

Invasive treatments for snoring (where snoring is not complicated by episodes of breathing cessation) v3.4	
Last reviewed:	17/07/2019 This policy statement will be reviewed 5 years from the date of the last review, unless new evidence or technology is available sooner.
GM IFR Team:	0161 290 4901 / gm.eur@nhs.net
Policy exclusions (Alternative commissioning arrangements apply)	
<p>If clinical assessment suggests serious underlying pathology rather than simple snoring, the patient should be referred accordingly.</p> <p>If Obstructive Sleep Apnoea Syndrome is suspected, the patient should be managed in accordance with NICE Technology Appraisal TA139 - Continuous positive airway pressure for the treatment of obstructive sleep apnoea/hypopnoea syndrome.</p>	
Policy Statement	
<p>Surgical treatment of simple snoring (where snoring is not complicated by episodes of breathing cessation) is regarded as a procedure of low clinical priority and therefore not routinely commissioned.</p> <p>Please see 'Advice and Guidance' for what information needs to be submitted if applying for IFR (exceptional case) approval.</p>	
Clinical Exceptionality:	Clinicians can submit an Individual Funding Request (IFR) outside of this guidance if they feel there is a good case for exceptionality. More information on determining clinical exceptionality can be found in the Greater Manchester (GM) IFR Operational Policy. Link to GM IFR Operational Policy .
Advice and Guidance:	For further advice and guidance please click here
Links to Funding Request Forms:	IFR Non-Drug Form IFR Drug Form IFR Reconsideration Form